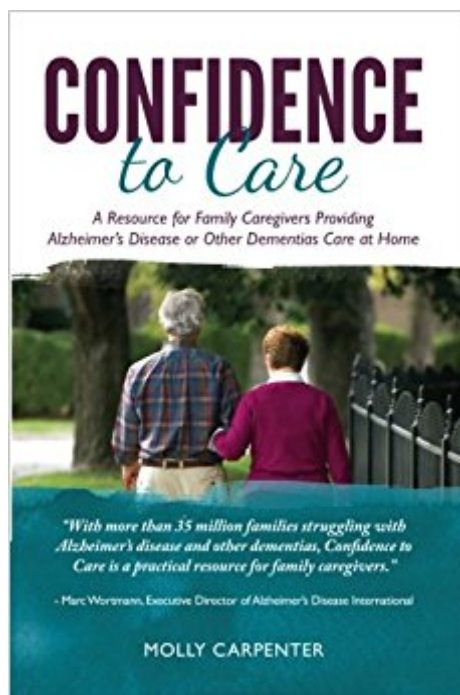




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# Confidence To Care: [US Edition] A Resource For Family Caregivers Providing Alzheimer's Disease Or Other Dementias Care At Home



## Synopsis

Confidence to Care is the essential handbook for the family caregiver offering practical insights to understanding, managing and preventing the behavioral symptoms associated with dementia and Alzheimer's disease. Touching, personal stories come together with practical and easy-to-access tips and techniques drawn from decades of caregiving experience by internationally-recognized experts. This cutting-edge resource will help the family caregiver confidently deal with the most common issues associated with dementia. In addition, advice about how to care for yourself while caring for others is essential. The number of people worldwide living with dementia illnesses such as Alzheimer's disease is set to nearly double every 20 years, reaching 65.7 million in 2030 and 115.4 million in 2050, according to Alzheimer's Disease International (ADI). Though research continues, there is currently no cure for Alzheimer's disease. But until there is a cure, there is care. Confidence to Care includes chapters offering caregiving strategies and recommends other resources for the family caregiver. This book is the most practical dementia care tool available and unique in its content and presentation.

## Book Information

Paperback: 174 pages

Publisher: Home Instead; 1 edition (September 6, 2013)

Language: English

ISBN-10: 0989783308

ISBN-13: 978-0989783309

Product Dimensions: 6 x 0.4 x 9 inches

Shipping Weight: 8.5 ounces (View shipping rates and policies)

Average Customer Review: 4.4 out of 5 stars 27 customer reviews

Best Sellers Rank: #498,368 in Books (See Top 100 in Books) #164 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Allergies #235 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Alzheimer's Disease #245 in Books > Parenting & Relationships > Aging Parents

## Customer Reviews

Author, speaker, trainer and family caregiver. Molly Carpenter, M.A., brings years of personal and professional senior care experience and training to families dealing with dementia care. Her passionate interest in older adults started early as a high school student working in an

adult day care program and continues as an adult and a professional. The reality of caregiving is never far from her experience due to her work in skilled nursing facilities, adult day care centers and continuum of care communities. In her current role, Carpenter works with a team responsible for ensuring that the Home Instead Senior Care® network's 60,000 caregivers worldwide have the resources necessary to effectively provide quality care in the home and understand the importance of their work enhancing the lives of those they serve. This combined background makes her uniquely qualified to author a book designed specifically to help family caregivers provide care to those with dementia in the home. Carpenter's work as part of the team that developed a person-centered approach to Alzheimer's care has been adopted and adapted globally and is critical to the success of the Home Instead care approach for people with Alzheimer's and dementia. This work has been endorsed by leading experts in the Alzheimer's industry and adapted for family caregivers throughout the world. Carpenter holds a Bachelor of Science degree in family science with a gerontology specialization from the University of Nebraska-Lincoln, and a master's degree in education with a gerontology specialization from the University of Nebraska-Omaha. She is currently enrolled in the Human Sciences/Gerontology & Ph.D. program at the University of Nebraska-Omaha. Her personal experiences helping to care for her grandmothers have further inspired her career.

This is a great book for helping caregivers of anyone with Alzheimer's. It can be a frustrating time when your loved one starts changing. I worked thru the experience with a lot of frustrations and wish I'd have had this book at the beginning. Many great suggestions to cope with your loved one's. Everyone should read this book.

This was a great resource for me personally as I try to figure out how to deal with this and also shared it with family members. It was easy to use and the tips helped immediately. I know this will stay on my shelf for some time as the disease progresses.

Good information for families dealing with Alzheimer's.

Got some very insightful information on this devastating disease. Addresses not only those affected but the caregivers as well. Worth reading.

I would recommend this book to the families of Alzheimer or dementia patients to educate

themselves on this viscous disease. I would give this book a five star review. the book also gave lost of resources to further educate o. this disease.

A little basic lwith simpistic "solutions," but also some good ideas.

to technical. was hoping for more advise

I haven't had a chance to read it yet, but I have read several articles by Ms. Carpenter and they were very helpful.

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